

# The Bridges Tribune



## Bridges Tribune: Reveal

Surprise!

We hope to create a greater sense of connectivity with our supporters and those that have interests in Bridges for Brain Injury.

Through the efforts and collaboration of our Day Program members, we proudly present to you... The Bridges Tribune!

This is a newsletter created and edited by the Day Program Members.



## Newsletter Highlights

- 2023 Day Program Outings
- Mandy's Word Search
- So, You Want to be a Pilot.  
- By Mandy Weber
- Who's the man in the kitchen?



## Meet a Member

Donald "Donny" Kipp

Donny is involved with the Wildlife Rockstars and he has been attending program for several years now. He is kind and treats everyone with respect. Donny has a fascination with cars and sports. He is an avid Cowboys fan, and he also likes to root on the Atlanta Braves when they are playing. His favorite is to watch his beloved Lakers beat the opposing team. Donny loves to listen to music, especially hip hop. Donny also enjoys watching movies, he likes to watch horror movies and also likes to let other members borrow them after he watches them. When not at the program, Donny is often found chilling out at home with his mom, snacking on chocolate and Dots pretzels, especially the Southwest kind, or spending time with his son, Brody.



## Meet the Editor!

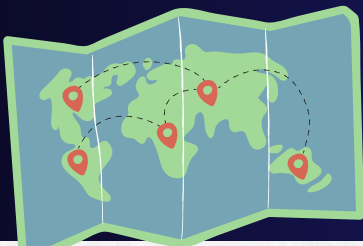
"Hi, I'm Mandy! I've been attending program for 11 years. I enjoy being a part of the Wildlife Rockstars and representing brain injury survivors. I am huge animal enthusiast. I have a dog (Fritter), a bird (Loco), a turtle (Tucker), and a Blue Tongue Skink (Ernest). My favorite color is orange. I'm proud to be the Editor of The Bridges Tribune where I have the opportunity to bring such wonderful information to you about our program. I hope you enjoy this newsletter and I look forward to sharing so much more with you!



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*Outings, Outings, and More Outings!!!*





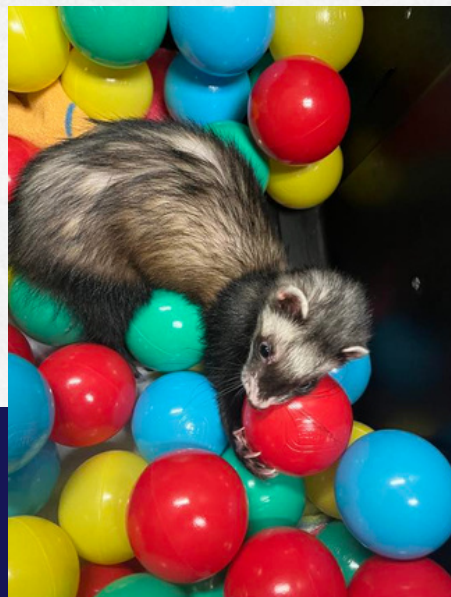
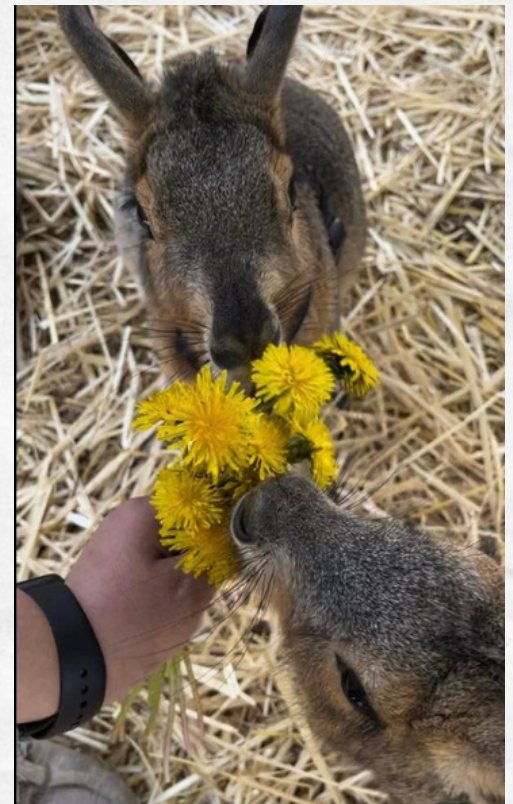
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## WILDLIFE WORDSEARCH!



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- TRAITS
- CONSERVATION
- CLEAN UP
- BRAIN INJURY
- CRITTER
- ROCKSTARS
- UNDERSTANDING
- DIETS
- QUILLS
- STAFF
- AMBASSADORS
- SERVICE
- BRAVE
- RADIO
- NEWSPAPERS
- OUTREACH
- PRESENTATION
- MEMBERS
- WILDLIFE
- FOURTY
- PLAY







## So, You Want to be a Pilot.

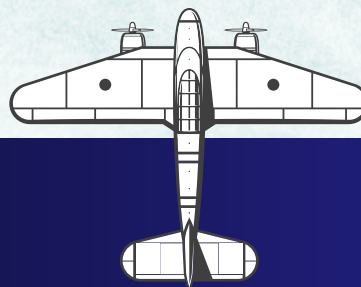
Lima Echo Tango Sierra Golf Oscar! (Let's Go?)

By: Mandy Weber

So you might not understand the writing underneath my title of the article, this is the Nato-phonetic-alphabet. This was used to communicate during missions and other important events to convey messages they didn't want the enemies to understand. First things first I want to say thank you to all our men and women who sacrificed their time and effort into saving my freedom and country during all wars, not just during times of war but also peace.

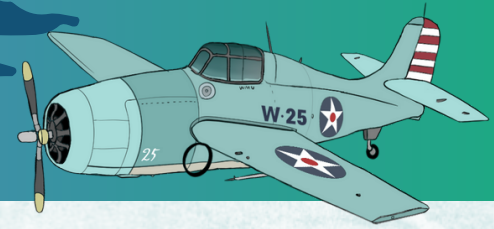


Day Program members visited the National Warplane Museum in Geneseo, New York, on Flag Day. We arrived to a little bit of rain but that did not deter us from adventuring into Swanson Hall, where our real adventure was just about to take off! We were greeted by warm smiles and hellos and then we were asked if we wanted to do a guided tour, we all decided that would be a great idea. Mr. John Peckham was our tour guide, he knew more about World War I and II memorabilia than what we knew or read about. We saw how military uniforms have changed over the years, in fabric or in metals of recognition, we also were shown several airplanes, vehicles including Willys jeeps!





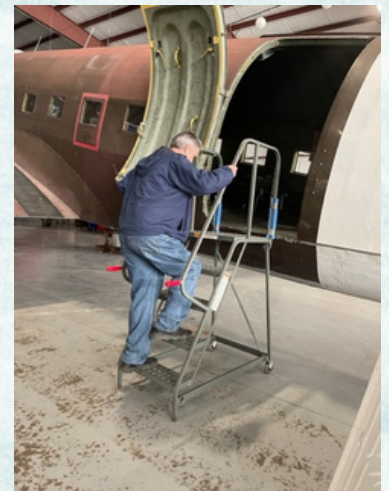
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In addition, we learned more about women serving in the military during WWI and WWII. They were often called Wacs and Waves, these were both acronyms. Wacs was Women's Auxiliary Army Corps (later renamed Women's Army Corps or WAC) Waves stood for Women Accepted for Volunteer Emergency Service. These were something I guess I never really gave much thought to other than the famous Rosie the Riveter, what were the other women doing during the wars, other than raising children and growing victory gardens? We all learned something new today, rather it be that women helped more than just at home and learned that different countries have different planes by different names.

We also learned that you can make a person's day by just saying "Thank you for your service", which does wonders. Also, them teaching us about history of what they might have lived thru might teach them to appreciate how much that they have sacrificed for us.

The next time you see a veteran who served, I challenge you to go up to them and say thank you and see what happens, you might just make them feel like they are important, which they are! Next time when you have an afternoon free make sure you check out the National Warplane Museum and make sure you listen closely and often you might just hear the Whiskey 7 taking off for a flight... or it might just be the vivid stories being told.





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## Who's That Man in the Kitchen?

Here at bridges we are lucky enough to have a Chief, his name is Justin Kamperga. He used to live in Indiana. When he is not at the program cooking for us he likes to hike with his dog. He is a very good cook and likes to bake us wonderful treats including his chocolate chip/pumpkin muffins. He makes us all kinds of different lunches, lately he has been cooking more summer related foods. His favorite food is cottage cheese and eggs but not sure if that's together or by themselves. He keeps the kitchen clean and tidy, he makes sure everything is in order and makes sure we have a supply of what we need for lunch, rather ketchup or a sauce that might be needed for someone's rice, he really spoils us rotten. The one spice that Justin thinks that should be in every kitchen is not very surprising but its salt. Salt not only gives bland food flavor but also makes certain vegetables sweat. Thank you Justin for all you do! Nexttime you see Justin in the kitchen or out and about in the hallways tell him thank you!



THANK YOU

We want to thank you for your on-going support and compassion for Bridges for Brain Injury!



## WILDLIFE

### WORDSEARCH - ANSWER KEY

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Wildlife Rockstars

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